







## All Packages Include

-  Complete assessment by an experienced Registered Nurse Supervisor.
-  Complete “kit” of care, including professional documentation records.
-  Experienced Personal Support Workers who can assist with personal care, meal preparation, light housekeeping and emotional stimulation.
-  Follow up call or visit by a Registered Nurse Supervisor to ensure that your care needs are being met.
-  Access to a live health care professional who can provide additional services as needed any time of day or night.
-  Service hours as required from 2 – 24 hours per day

Since 1994, GEM Health Care Services has been providing dedicated caregivers to valuable clients 24 hours a day, 365 days/year. We are family owned and operated by a 6<sup>th</sup> generation Ottawa native. GEM is one of the first community health care agencies to be accredited, ensuring that you receive the best care possible!

*“GEM is the best agency we’ve had and we’ve had them all”*

**Ms. Duncan;**  
daughter of valued home care client.



**GEM Health Care Services Inc.**  
**Services de Santé GEM Inc.**

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**GEM Health Care Services**



## Recharge with Respite!

**Our Family for Yours!**

## Personal Support

**We understand that care giving can be difficult for you and your loved ones.**

**Seeking support and maintaining your health is key to providing care to your loved one.**

**GEM Health Care Services respite care program provides short term care allowing you to recharge!**

These jewels of GEM provide personal care, such as dressing, personal hygiene and mobility, as well as home management, including light housekeeping and meal preparation. GEM Personal Support Workers will provide emotional support to clients and families, and assist in the promotion and maintenance of a safe and comfortable environment while always wearing a smile!

## What makes our jewels sparkle?



You will recognize the difference between GEM Personal Support Workers and others; all of our staff have great personalities and have successfully completed an extensive training program to help serve you better!

All GEM Personal Support Workers maintain a current CPR/First Aid Certificate, have successfully passed the criminal reference check and are bonded, to ensure you receive the highest quality care you deserve!



## Available Packages

We've bundled our services to make your life a little easier!

-  **Diamond**  
24 hours of Personal Support Services & 2 hours of Nursing
-  **Emerald**  
16 hours of Personal Support Services & 2 hours of Nursing
-  **Ruby**  
8 hours of Personal Support Services & 2 hours of Nursing



For more information, please call us, anytime at 613-761-7474 or visit our website at [www.gemhealthcare.com](http://www.gemhealthcare.com)